

ALL★PRO ★PERFORMANCE★

IAN AWARDED NSCA FELLOWSHIP

Ian Jeffreys, , was recently made a fellow by the National Strength and Conditioning Association (NSCA) in the United States. Announced at their National Conference in Las Vegas in July, Jeffreys became the first European professional to be included in the fellowship roll. The NSCA is the worldwide authority on Strength and Conditioning and the largest such organisation in the world with 40,000 members in over 50 countries. National Strength and Conditioning Association (NSCA) Fellows are an accomplished group of professionals whose frequent and sustained contributions to the profession have promoted the goals and activities of the profession and NSCA. Fellowship is intended to promote excellence and leadership within the field of



strength and conditioning and the NSCA by recognizing high standards and extraordinary professional development. This designation reflects the professional stature of the Fellow and his/her record of valuable contributions to the NSCA.

Ian commented “the list of NSCA fellow reads like a who’s who of the strength and conditioning profession, and to be invited into this group is a massive honour.

* The picture shows Ian receiving his fellowship certificate from NSCA President Lee Brown