

IAN DELIVERS HIGH PERFORMANCE SEMINAR TO TOP CHINESE COACHES



Ian has just returned from China where he delivered a coaching performance seminar to over 400 Chinese coaches, including numerous national and provincial coaches, some of whom had multiple Olympic gold medals . Ian received an invite via the Chinese General Administration of Sport and the National Strength and Conditioning Association, based in the United States, who have set up a collaborative educational link. This involves a series of training seminars where world authorities in different elements of Strength and Conditioning deliver training seminars to the top Chinese coaches. This seminar was delivered in Harbin in North East china and was entitled “developing multi-directional speed”. Ian’s selection to deliver this seminar reflects his reputation as a world leader in this field, where his “Gamespeed” system has achieved international acclaim.

国家体育总局

General Administration of Sport of China

